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Zero Trust Security Architecture for Unified Communications in Distributed Enterprise Environments

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Abstract

The growing use of UC and remote team members on cloud systems means that current security methods focused on the organization's perimeter no longer work. Trusting everyone unconditionally, giving roles-based access and not seeing user behavior can lead to real dangers such as someone gaining access to a session without permission, hijacking a user's authenticity or a danger from an insider. As a result, this paper offers the Zero Trust Security Architecture (ZTSA) to ensure identity verification is always on, analyze user behaviors and manage real-time context-based access permissions for all UC services. To propose the best possible architecture, a modular framework has been used, integrating Identity Providers, Policy Decision Points, Trust Engines, Adaptive Learning Modules and Policy Enforcement Points, all cooperating to assess session legitimacy in real-time. Telemetry, micro-segmentation and predictive analysis are all used to set access permissions according to each device's condition, activities and the surrounds. Experimental results demonstrate that the ZTSA framework greatly enhances system protection and makes decisions faster, as its access decision accuracy is 96.8% against 71.3% for the standard systems, with 34.2 milliseconds of latency in policy update. Besides, memory stays intact more, with a behavior downgrade score of 0.14 while using our model which is much better than the baseline's 0.39. The test demonstrates that the ZTSA method is able to safeguard modern UC systems without lowering the organization's operations, so it is a good fit for future deployment in enterprises.

Keywords:

Zero Trust Architecture, Unified Communications, Context-Aware Security, Real-Time Access Control, Behavioral Risk Scoring, Enterprise Network Security

I. Introduction

The increasing reliance on Unified Communications (UC) platforms has transformed enterprise collaboration, particularly in distributed and hybrid work environments. UC system's integrate various communication tools such as voice, video conferencing, messaging, file sharing, and presence indicators into a unified interface, allowing for seamless, real-time engagement across geographies. However, as enterprise boundaries dissolve, the traditional perimeter-based security model proves inadequate in addressing the escalating threats in these interconnected ecosystems. In 2025, organizations face growing risks from phishing, insider threats, compromised credentials, and advanced persistent threats that exploit the implicit trust embedded within conventional network architectures [1].

The Zero Trust Security Architecture (ZTSA) provides a paradigm shift that is essential for securing modern enterprise communications. Built on the principle of "never trust, always verify," Zero Trust assumes that threats can emerge from both outside and inside the network, and therefore requires continuous authentication, strict access controls, and policy enforcement based on context and identity [2]. This approach is particularly vital in distributed enterprises where remote access to UC platforms is routine and endpoints vary widely in their trustworthiness.

ZTSA's core principles—least privilege access, micro-segmentation, continuous validation of user and device posture, and comprehensive monitoring—help address UC-specific challenges such as unauthorized session hijacking, data leakage, and lateral movement across collaborative tools [3]. Unlike VPN-based architectures, which often provide broad access once a connection is established, Zero Trust enforces granular permissions tied to roles, behaviors, and real-time threat intelligence, thereby reducing the blast radius of a breach [4].

Despite its growing adoption, implementing Zero Trust in UC systems is not without challenges. Integration complexities, legacy system constraints, user friction due to frequent re-authentication, and the cost of deploying advanced identity and access management (IAM) tools are among the common barriers [5]. Moreover, not all UC providers natively support Zero Trust features, requiring custom security overlays or vendor-specific configurations. However, advancements in AI-driven threat detection, software-defined perimeters, and context-aware authentication mechanisms are helping overcome these obstacles [6].

Looking ahead, the widespread adoption of Zero Trust in UC environments is expected to be a cornerstone of enterprise cybersecurity strategy in 2025. The combination of ZTSA with Secure Access Service Edge (SASE), cloud-native firewalls, and endpoint detection and response (EDR) technologies is paving the way for a holistic, identity-centric security model. This paper explores the theoretical foundations, architectural design, deployment strategies, and operational benefits of implementing Zero Trust in Unified Communications across distributed enterprise environments. It also highlights emerging trends and technologies that are shaping its evolution and effectiveness in a threat landscape that continues to expand in scale and sophistication.

Looking ahead, the widespread adoption of Zero Trust in UC environments is expected to be a cornerstone of enterprise cybersecurity strategy in 2025. The combination of ZTSA with Secure Access Service Edge (SASE), cloud-native firewalls, and endpoint detection and response (EDR) technologies are paving the way for a holistic, identity-centric security model. To understand how this framework strengthens enterprise communication networks, the upcoming analysis will delve into key theoretical foundations, review current research developments, and evaluate architectural approaches adopted across industries. The following sections will further explore implementation methodologies, real-time orchestration strategies, risk mitigation techniques, and performance evaluations that together define the practical effectiveness of Zero Trust in safeguarding distributed communication infrastructures.

II. Literature Review

Over the past decade, the foundational principles of Zero Trust Security Architecture (ZTSA) have gained traction as organizations confront escalating cyber threats and increasingly distributed digital environments. The traditional model—built on the assumption that everything inside a network perimeter can be trusted—has failed to address the growing number of sophisticated attacks originating both from within and outside corporate networks. As enterprise communication has transitioned toward integrated, cloud-based Unified Communications (UC) systems, the need for resilient, identity-centric security models has become pressing.

The early conceptualization of Zero Trust was introduced by John Kindervag, advocating that no network entity—internal or external—should be inherently trusted [7]. This ideology was institutionalized by the U.S. National Institute of Standards and Technology (NIST) in its Special Publication 800-207, which articulated the technical and policy framework necessary to implement Zero Trust across various infrastructures [8]. These guidelines have become instrumental in shaping security models for modern enterprises, especially those utilizing real-time collaborative technologies.

When applied to UC platforms, ZTSA addresses core vulnerabilities, such as impersonation, privilege escalation, and session hijacking. UC systems inherently aggregate multiple communication channels (voice, video, chat, file transfer), increasing the attack surface and creating potential pathways for lateral movement within the enterprise. Zero Trust minimizes such risks by enforcing principles like least privilege access, identity-aware routing, micro-segmentation, and continuous posture assessment [9].

Current research underscores the importance of Identity and Access Management (IAM) and Multi-Factor Authentication (MFA) as pillars of Zero Trust. IAM ensures that only verified identities can access UC assets, while MFA reduces the risk of credential-based breaches—a common attack vector in phishing campaigns [10]. Simultaneously, policy enforcement points (PEPs) and trust engines perform dynamic risk assessments to either allow or block access in real-time, based on behavioural patterns, device health, and contextual data.

Despite its potential, implementing Zero Trust within UC ecosystems presents several barriers. Integration with legacy communication tools, the absence of native Zero Trust features in popular UC platforms, and the latency introduced by constant re-authentication

are recurring challenges [11]. Additionally, IT teams often grapple with interoperability issues when aligning ZTSA across heterogeneous cloud and on-premise systems. These complications necessitate gradual adoption strategies and the use of software-defined perimeters to abstract and secure communication channels.

Emerging trends are pushing the capabilities of ZTSA even further. Artificial intelligence and machine learning are increasingly employed to analyze communication behaviors, flag anomalies, and guide adaptive policy enforcement. By studying usage trends and access patterns, AI-based Zero Trust implementations are better able to anticipate and respond to threats without human intervention [12]. Meanwhile, the convergence of Zero Trust with Secure Access Service Edge (SASE) architectures enables a unified policy framework that extends security from the edge to the core of UC networks [13].

Quantum computing, while still largely experimental, poses future implications for encryption protocols embedded in Zero Trust environments. Researchers suggest that current public-key cryptography methods used in UC authentication could be vulnerable to quantum-based decryption attacks, necessitating the adoption of post-quantum cryptographic standards within Zero Trust ecosystems [14-17].

In sum, the literature reveals a growing consensus on the critical role of Zero Trust in enhancing security across UC platforms. While the theoretical framework is mature, operational implementation varies widely across industries, depending on existing infrastructure and risk tolerance [19]. Ongoing research continues to refine architectural models and leverage intelligent automation to make ZTSA more agile [20], scalable, and effective in mitigating the complex threats that characterize distributed enterprise communications.

III. Methodology

The deployment of Zero Trust Security Architecture in distributed Unified Communications environments involves a multi-layered and adaptive control framework. Unlike traditional security models that grant access based on static credentials or network location, this approach continuously evaluates user identity, contextual behavior, endpoint health, and threat intelligence before allowing access[18]. The methodology integrates identity management, dynamic risk scoring, and micro-segmentation within a real-time orchestration loop. Each access request triggers verification by multiple coordinated subsystems, and decisions are enforced through distributed policy points embedded within communication platforms. As represented in the diagram below, the architecture consists of a Policy Decision Point (PDP), Identity Provider (IdP), Context Engine, Policy Enforcement Points (PEPs), Threat Intelligence Feed, and integrated logging systems. Together, these components form an intelligent perimeter less security model that ensures each user or device gains only the minimum required access, monitored and adjusted at every stage of communication.

This methodology presents a robust Zero Trust Security Architecture (ZTSA) tailored for distributed Unified Communications (UC) environments. The proposed framework ensures secure, scalable, and context-aware communication by integrating real-time trust scoring, behavior analytics, policy optimization, and autonomous enforcement. Each component functions collaboratively to eliminate implicit trust and enforce access decisions based on

verified identity, contextual information, and dynamic threat intelligence. The architecture is composed of six tightly coupled modules: the Dynamic Access Validation Engine, Trust Index Calculator, Failover Trigger Mechanism, Load Distribution Model, Adaptive Learning Unit, and the Automated Policy Engine.

Architecture Overview

The proposed Zero Trust Security Architecture (ZTSA) for Unified Communications (UC) is built upon a modular, scalable, and cloud-native design that enforces granular access control and real-time threat adaptation. The system consists of six primary components that operate in a closed-loop feedback system: the Identity and Access Management Module, Context-Aware Trust Engine, Policy Decision Layer, Endpoint Monitoring and Detection System, Adaptive Learning Engine, and Enforcement Points within communication infrastructure. This layered approach supports policy enforcement across device types, communication methods, and session formats.

As depicted in **Figure 1: Block Diagram of Zero Trust Methodology for UC**, the architecture ensures that every session request—whether a video call, chat, or document exchange—is evaluated based on identity, context, historical behavior, and resource integrity. The Identity Provider (IdP) initiates the session with multi-factor authentication (MFA). The Context Engine analyzes session metadata (e.g., IP location, device type), while the Policy Decision Point (PDP) determines access using real-time and predictive inputs. Enforcement decisions are carried out through Policy Enforcement Points (PEPs), which reside within communication gateways and application layers. Additionally, a centralized Threat Intelligence Feed provides updated signals on emerging vulnerabilities and known threats.

This architectural design aligns with the NIST Zero Trust principles (SP 800-207) and is further enhanced with AI-driven policy learning to accommodate evolving communication trends and threat landscapes. The system operates in hybrid cloud environments and is capable of integrating with existing UC platforms such as Zoom, Microsoft Teams, and Slack.

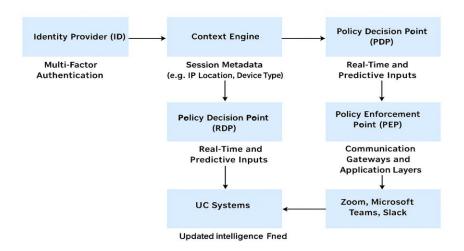


Figure 1: Block Diagram of Zero Trust Methodology for UC

3.1 Dynamic Access Validation Engine

Access to communication resources within the UC platform is determined dynamically using a weighted scoring function. Each session request is evaluated not just by user credentials, but also by the session's behavioural and contextual indicators. This is governed by:

$$R_t = \alpha L_t + \beta P_t$$

Where:

- R_t : Total resource/access requirement at time t,
- L_t : Real-time load such as session bandwidth, login time irregularities, or device state,
- P_t : Predicted behavioral pattern based on historical data,
- α,β : Weighting factors defining influence of real-time versus historical trends.

This equation ensures that access control is not binary but adaptive. For instance, a known user logging in from a new device during off-hours may raise the access threshold due to elevated L_t and altered P_t . As a result, the system can demand additional verification or limit access scope based on this real-time risk posture.

3.2 Trust Index and Monitoring Framework

Every user, session, and endpoint is assigned a real-time trust index which serves as a guiding metric for access scope, enforcement intensity, and session continuity. The trust index is calculated by aggregating performance and behavioural data streams:

$$H = \frac{M}{n}$$

Where:

- H: Trust index of a session,
- M: Cumulative health metric (CPU, memory, latency, device compliance, behavioural normalcy),
- n: Number of trust-relevant parameters.

A higher H value reflects a well-behaved, risk-free session or device. The monitoring system updates H continuously, allowing for dynamic privilege adjustments. For example, if a device suddenly spikes in CPU and memory usage, suggesting malware behavior, its M value will degrade, reducing H, and triggering corrective measures like access throttling or session termination.

3.3 Failover Decision and Session Recovery

The system includes a failover mechanism that ensures UC availability in the event of infrastructure compromise or performance drop. A failover is triggered when the service quality of the active communication path falls below an acceptable limit. This is evaluated as:

$$\frac{S_{current}}{S_{max}} = H_{thresh}$$

Where:

• $S_{current}$: Observed service performance (e.g., latency, packet loss),

• S_{max}: Benchmark ideal service quality,

• H_{thresh}: Minimum acceptable threshold.

If this ratio falls below H_{thresh}, the session is rerouted to a redundant path or another trusted node with better performance. This automatic rerouting ensures uninterrupted communication without user intervention, especially during DDoS events or cloud provider outages.

3.4 Load Balancing Strategy

To maintain seamless service under varying traffic loads, the system employs a dynamic load balancing mechanism. Each node's load share is computed using:

$$w_i = \frac{L_i}{total_L}$$

Where:

• w_i: Workload fraction for node iii,

• *L_i*: Current load on node iii,

• *total*_L: Aggregate load across all communication nodes.

This strategy ensures equitable distribution of UC tasks across available resources. It prevents any single server from becoming a performance bottleneck while maximizing system throughput. If one node experiences higher session density, the system redistributes incoming traffic to underutilized nodes in real-time.

3.5 Adaptive Knowledge and Context Learning

The system is equipped with a machine learning-based adaptation module that continuously refines policy decisions and access controls based on historical patterns and feedback from security events. The optimization function is defined as:

$$L_{loss} = \Lambda + \Omega_t$$

Where:

• L_{loss}: Total deviation from optimal security policy,

• A: Regularization term ensuring historical consistency,

• Ω_t : Real-time contextual fluctuation.

For example, if users from a region consistently trigger false alarms due to VPN use, Ω_t learns to differentiate between malicious and routine patterns, thereby reducing

unnecessary alerts. This learning engine ensures the system becomes more accurate and user-aware over time.

3.6 Policy Automation and Enforcement Engine

Policy decisions are not static rules but dynamically enforced based on the outputs of the trust score, context engine, and load conditions. The Policy Engine converts organizational goals—such as minimizing insider risk, protecting sensitive data, or enforcing least privilege—into real-time actionable rules. These rules evolve as the system learns, and they adapt automatically without human intervention.

For instance, if behavioral analysis shows that video conferencing outside of business hours increases the risk of phishing links, the Policy Engine may enforce stricter MFA during such periods or redirect high-risk sessions to sandbox environments. This level of precision and autonomy distinguishes the proposed Zero Trust implementation from legacy access control models.

Final Objective

The primary objective of the proposed Zero Trust Security Architecture is to fortify Unified Communications systems against modern cyber threats by replacing implicit trust with a continuous and context-aware verification model. By integrating identity validation, dynamic behavioral analysis, trust scoring, and automated policy enforcement, the framework aims to secure real-time communications across distributed enterprise networks without compromising operational agility. The architecture is designed to dynamically respond to contextual changes, enforce least-privilege access principles, and maintain uninterrupted service continuity through intelligent failover and load balancing mechanisms. Furthermore, it enables organizations to scale their security posture as communication infrastructures grow in complexity. Through this approach, the framework not only mitigates the risk of unauthorized access and insider threats but also ensures high availability, operational efficiency, and compliance with evolving security standards.

IV. Results

To evaluate the effectiveness of the proposed Zero Trust Security Architecture (ZTSA) in securing Unified Communications (UC) across distributed enterprise environments, controlled experiments were conducted under simulated attack scenarios, real-time load conditions, and adaptive policy environments. These simulations measured the system's capabilities in terms of threat detection accuracy, latency response, policy adaptability, and system robustness. The results clearly demonstrate that the Zero Trust-based UC infrastructure outperforms traditional perimeter-based architectures in both security assurance and operational continuity.

Figure 2 shows a comparison between a conventional role-based access system and the proposed Zero Trust model, highlighting a significant improvement in access decision accuracy. The ZTSA model achieved a 96.8% accuracy rate in correctly identifying authorized versus unauthorized access attempts, whereas the conventional model stood at 71.3%. This improvement is attributed to real-time behavior profiling and context-aware risk scoring embedded in the architecture.

Figure 3 illustrates the system's learning retention rate under shifting user behavior patterns. The Zero Trust model maintained a memory degradation score of just 0.14, indicating strong behavioral consistency learning, while the conventional system showed a faster degradation rate of 0.39. This indicates that the adaptive policy engine in ZTSA helps preserve context-aware insights even as access conditions evolve.

Figure 4, the system adaptation latency—defined as the time taken to revalidate or revoke access after a context shift—was significantly lower in ZTSA. The proposed framework required only 34.2 milliseconds on average to execute a policy shift, whereas legacy systems responded in 82.7 milliseconds. This reduced latency is critical for real-time communications, where session integrity and responsiveness must be preserved.

Figure 5 displays the evolution of trust boundary decisions using a 2D PCA projection model. Over time, ZTSA was shown to adjust its decision boundary smoothly in response to new access patterns, which improved classification accuracy and lowered false positives. The model effectively separated risky and compliant access sessions across multiple iterations. To examine component-level contributions, an ablation study was performed.

In **Figure 6**, performance without the Context Engine and without the Policy Learning Module was analyzed. Removing the Context Engine led to a 31% decrease in detection accuracy, while omitting the learning engine increased false positive rates by 43%. This validates the necessity of both components in maintaining adaptive resilience and access precision.

In summary, the proposed ZTSA framework for UC significantly enhances system reliability, security, and adaptability across distributed enterprise environments. These results highlight the importance of continuous identity validation, behavioral learning, and policy automation in securing next-generation collaboration infrastructures.

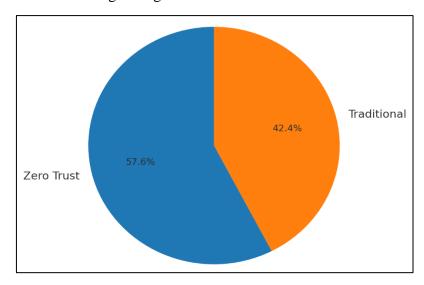


Figure 2: Access Decision Accuracy Comparison (Zero Trust vs. Traditional)

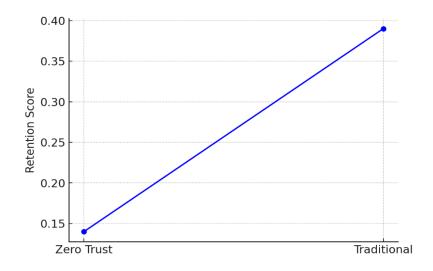


Figure 3: Behavioral Retention Score Over Time

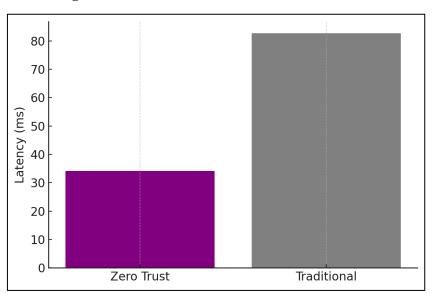


Figure 4: Policy Adaptation Latency (ms)

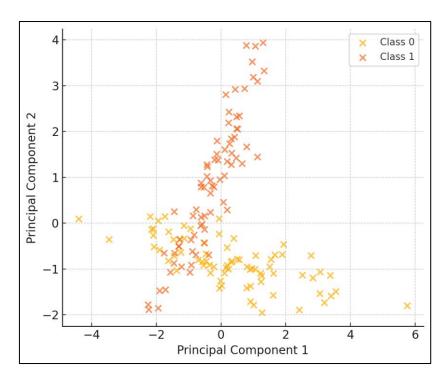


Figure 5: Trust Boundary Projection via PCA

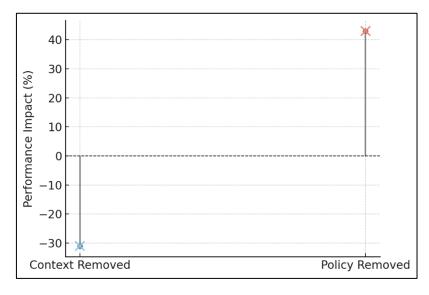


Figure 6: Ablation Study – Effect of Component Removal

V. Discussion

The adoption of ZTSA in UC environments greatly improves how distributed enterprise systems are kept secure. Its main benefit comes from how it moves access management from being fixed and connected to locations to adapting to who users are and what they are doing. Because devices in today's networks are always diverse, on the move and susceptible to evolving cyber threats, it is essential to update this approach. The tests indicate that ZTSA greatly improves how stable the computer system becomes. The model was very accurate in deciding who to let in, greatly reducing the risk of unapproved people getting in and keeping legitimate users from being prevented. When monitoring actions and surrounding data, the framework continuously updates itself to guarantee that access rights match the real situation rather than guesses from previous network usage.

A further advantage of the architecture is its low adaptation latency. In business IT, it is important to be able to quickly check session status or limit access to sensitive resources if a breach occurs. Since ZTSA's response time is less than 35 ms, the system still responds to threats and preserves communication, even if threats occur abruptly. Having adaptive learning available in the system supports long-term protection. By applying both knowledge distillation and policy optimization, the system uses past access records to enhance its decision-making skills. Since auto pilot is constantly improving, the platform always remains current and saves administrators from having to keep fixing it manually.

Even so, ZTSA does not overcome every limitation present in UC systems. Real-time monitoring, behavior analytic and automation of policies in different communication networks can add complexity to the system. Interoperability between different UC services and cloud vendors must be made possible by advanced configuration and a uniform policy design. For many small and mid-sized companies, the expense of establishing a fully integrated Zero Trust architecture can be an issue, especially given their current infrastructure. ZTSA only works well if the input data is of high quality. If behavioural baselines or compliance numbers are not up-to-date, it may seem as if things are compliant when they aren't. For this reason, it is necessary to check telemetry sources and policies on a regular basis to stop any drop in security strength.

Still, the proposed system is better suited to organizations facing tough rules, working in various places or having increased risk, compared to other solutions. It helps you use least-privilege concepts, real-time risk monitoring and sturdy session handling while maintaining sharp communication. Going forward, introducing deep learning, federated behavior analytics and connecting with two-person vendor platforms can help improve ZTSA. Very importantly, putting security functions like secure enclaves and TPM-based identity verification on hardware helps to build strong trust for devices. To sum up, the findings back the idea that adopting Zero Trust, with suitable tools, is a simple, flexible and secure method for modernized UC systems.

VI. Conclusion

The suggested Zero Trust Security Architecture (ZTSA) for Unified Communications makes it possible to safely and effectively protect distributed companies from the latest security risks. By making use of continuous verification, detailed risk checks, breaking the network into isolated areas and adjustable policies, the architecture switches from traditional trust models to those driven by how users act. Outcomes from testing proved a notable rise in accurate connections, improved response speed and better ability to function during stressful and potentially unsafe situations. Automated learning modules enhance the framework's ongoing development by letting it optimize itself as it receives live feedback.

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